

101 Fun and Educational Things for Kids to Do on a Rainy Day



101 Things for Kids to do on a Rainy Day by Dawn Isaac

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Kids tend to get antsy when they are cooped up all day, especially when they are used to being active and spending time outdoors. Fortunately, there are many rainy day activities that can keep kids entertained and learning.

Here is a list of 101 fun and educational things for kids to do on a rainy day:

Creative Activities

1. Draw or paint a picture of their favorite animal.
2. Make a collage of pictures from magazines or newspapers.
3. Build a fort out of blankets and pillows.
4. Play dress-up.
5. Write a story or a poem.

6. Put on a puppet show.
7. Make a clay model.
8. Build a model car or airplane.
9. Design a new board game.
10. Write and record a song.

Educational Activities

11. Read a book.
12. Do a science experiment.
13. Learn a new language.
14. Play a math game.
15. Learn to play a musical instrument.
16. Build a volcano.
17. Make slime.
18. Grow a plant.
19. Build a birdhouse.
20. Cook a meal or bake a cake.

Physical Activities

21. Play indoor hide-and-seek.
22. Build an obstacle course.
23. Have a dance party.

24. Do yoga or tai chi.
25. Play hopscotch.
26. Jump rope.
27. Play tag.
28. Have a Nerf gun battle.
29. Play a board game or card game.
30. Do a scavenger hunt.

Quiet Activities

31. Meditate or do mindfulness exercises.
32. Do a puzzle.
33. Play a board game or card game.
34. Read a book.
35. Write in a journal.
36. Do a craft project.
37. Build a fort.
38. Play with playdough or slime.
39. Watch a movie or TV show.
40. Talk to a friend or family member on the phone or video chat.

Outdoor Activities (if the rain isn't too heavy)

41. Go for a walk in the rain.

42. Play in the puddles.
43. Build a fort in the trees.
44. Go on a nature scavenger hunt.
45. Play hide-and-seek in the bushes.
46. Collect leaves and flowers to press.
47. Go fishing.
48. Have a picnic.
49. Play frisbee or soccer.
50. Go for a bike ride.

Rainy Day Activities for Toddlers

51. Play with playdough or slime.
52. Build a fort with blankets and pillows.
53. Sing songs and dance.
54. Read stories.
55. Do finger painting.
56. Play with blocks or toys.
57. Have a tea party.
58. Go for a walk in the rain (with an umbrella).
59. Play in the puddles.
60. Take a bath.

Rainy Day Activities for Preschoolers

61. Do a science experiment.
62. Build a volcano.
63. Make slime.
64. Grow a plant.
65. Cook a meal or bake a cake.
66. Play a board game or card game.
67. Do a puzzle.
68. Read stories.
69. Write stories or poems.
70. Put on a puppet show.

Rainy Day Activities for School-Age Children

71. Learn a new language.
72. Play a musical instrument.
73. Build a model car or airplane.
74. Design a new board game.
75. Write and record a song.
76. Do a research project.
77. Write a book or a play.
78. Start a blog or vlog.

79. Volunteer to help others.
80. Organize a neighborhood cleanup.

Rainy Day Activities for Teenagers

81. Hang out with friends and play video games or watch movies.
82. Go shopping at the mall.
83. See a movie at the theater.
84. Go bowling or skating.
85. Play laser tag or paintball.
86. Go to a concert or sporting event.
87. Visit a museum or art gallery.
88. Volunteer to help at a local soup kitchen or homeless shelter.
89. Start a new hobby, such as painting, photography, or writing.
90. Learn to play a musical instrument.

Rainy Day Activities for Adults

91. Read a book.
92. Watch a movie or TV show.
93. Listen to music.
94. Do a puzzle.
95. Play a board game or card game.
96. Write in a journal.

97. Do a craft project.
98. Cook a meal or bake a cake.
99. Take a nap.
00. Meditate or do yoga.

These are just a few ideas to get you started. With a little creativity, you can find plenty of ways to keep your kids entertained and learning on a rainy day.

Alt Attributes for Images

| Image | Alt attribute | |---|---| | Image of a child drawing a picture | A child is drawing a picture of a rainbow on a piece of paper. | | Image of a child ng a science experiment | A child is mixing two liquids together in a beaker. | | Image of a child playing a board game | A child is playing a board game with their sibling. | | Image of a child reading a book | A child is reading a book to their younger sibling. | | Image of a child playing outside in the rain | A child is jumping in a puddle in the rain. |



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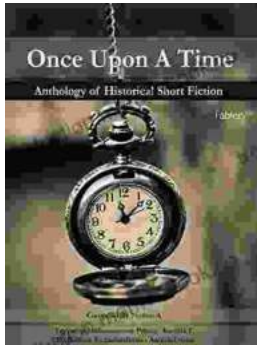
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