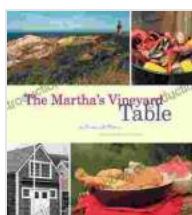


The Martha's Vineyard Table: A Culinary Journey Through the Island's Food and History by Jessica Harris

The Martha's Vineyard Table: A Culinary Journey Through the Island's Food and History is a comprehensive and beautifully written cookbook that explores the unique culinary heritage of Martha's Vineyard. Author Jessica Harris, a James Beard Award-winning chef and food writer, has spent years researching and collecting recipes from the island's diverse community of farmers, fishermen, and cooks. The result is a book that is both a celebration of Martha's Vineyard's food and a valuable resource for anyone interested in learning more about the island's history and culture.



The Martha's Vineyard Table by Jessica B. Harris

★★★★☆ 4.4 out of 5

Language	: English
File size	: 20430 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 287 pages
Lending	: Enabled



A Culinary Journey Through Martha's Vineyard

The Martha's Vineyard Table is divided into four sections, each of which explores a different aspect of the island's culinary history. The first section, "The Native American Table," features recipes from the Wampanoag

people, who have inhabited Martha's Vineyard for centuries. The second section, "The Settler's Table," includes recipes from the English colonists who arrived on the island in the 17th century. The third section, "The Seafaring Table," features recipes from the island's fishing community. And the fourth section, "The Modern Table," showcases recipes from the island's contemporary culinary scene.

More Than Just Recipes

The Martha's Vineyard Table is more than just a cookbook. It is also a valuable resource for anyone interested in learning more about the island's history and culture. Harris provides detailed historical information about each recipe, and she also includes interviews with local farmers, fishermen, and cooks. The result is a book that is both informative and engaging.

A Must-Have for Food Lovers

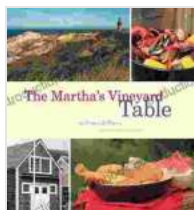
The Martha's Vineyard Table is a must-have for anyone who loves food and history. It is a beautifully written and comprehensive book that explores the unique culinary heritage of Martha's Vineyard. Whether you are a resident of the island or just a visitor, you will find something to enjoy in this book.

Recipes from The Martha's Vineyard Table

Here are a few recipes from The Martha's Vineyard Table:

- Wampanoag Clam Chowder
- Settler's Pie
- Seafaring Fish Stew
- Modern Vineyard Salad

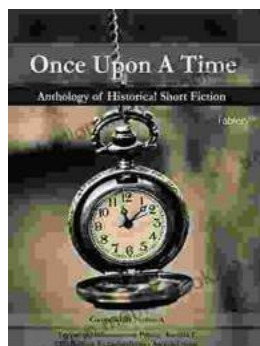
Buy The Martha's Vineyard Table Today!



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